PAEDIATRIC HISTORY

SUBJECT

NAME

YEAR · SEMESTER

PATIENT · INITIALS

AGE · SEX

WHO GIVES THE HISTORY

DATE

PRESENTING COMPLAINT · FROM CHILD + PARENT

"What's been happening? (to the child) Can you tell me too?"

S · SITE

"Where exactly is it? Can you point to it?"

O · ONSET

"When did it start? Suddenly or gradually? What were you doing?"

A · ASSOCIATED SYMPTOMS

"Anything else with it: nausea, sweating, breathlessness, fever?"

T · TIME COURSE

"Is it constant or does it come and go? Getting better or worse?"

FEEDING · FLUIDS · NAPPIES

"Is she feeding as usual? How many wet nappies today?"

BEHAVIOUR · ACTIVITY

"Is he playing as normal? More sleepy than usual?"

PREGNANCY + BIRTH

Weeks at birth · delivery · birth weight · special care?

IMMUNISATIONS

"Is she up to date with her vaccines?"

RED FLAGS · TICK + NOTE

Non-blanching rash · floppy · not feeding · breathing hard · no wet nappies

Questions are prompts, not a script: follow the patient.

PATIENT · INITIALS | AGE · SEX | WHO GIVES THE HISTORY | DATE

DEVELOPMENT · MILESTONES (AGE REACHED)

Gross motor	Fine motor · vision	Speech · hearing	Social

GROWTH

Weight + height centiles · any concerns from the health visitor?

PAST ILLNESS · ADMISSIONS · MEDICINES · ALLERGIES

FAMILY TREE · THREE GENERATIONS

"Do any illnesses run in your family? Parents, brothers, sisters, children?"

☐ male ○ female ■ affected ⊘ died (age, cause)

HOME · SCHOOL · WHO CARES FOR THE CHILD

"Who lives at home? Nursery or school? Anyone smoke at home?"

SAFEGUARDING · NOTE CONCERNS

Story matches injury? Delay seeking help? Seen by others?

TEENAGERS · HEEADSSS · SEE THEM ALONE FIRST

Home · Education · Eating · Activities · Drugs · Sexuality · Suicide/mood · Safety. Explain confidentiality and its limits, start with the easy questions.

For teenagers, explain confidentiality and its limits before the sensitive questions.

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